

# Overdose Alert.



February 2, 2024

**3 non-fatal overdoses have occurred in Owen Sound in the last 48 hours, with Fentanyl being the suspected substance in two of the three overdoses.**

Follow these harm reduction practices:

- **Not using alone.** When using with someone else, don't use at the same time. Call or text NORS 1-888-688-6677 if using alone.
- **Get overdose prevention training & carry a Naloxone kit.**
- **Take extra caution if mixing substances.** Mixing substances can increase the risk of harm and drug poisonings.
- **Go Slow.** Always start with a low dose and increase slowly, especially if trying something new or restarting use.
- **Use only new supplies and avoid sharing supplies.** This reduces the risk of getting or passing on an infectious disease. Supplies are available at GBPH and community partners.

Mental Health Crisis Line Grey Bruce: 1-877-470-5200

Connex Ontario: 1-866-531-2600

Supportive Outreach Services (SOS): 519-379-8743

Rapid Access Addiction Medicine (RAAM) Clinic: 519-376-3999

Overdose Prevention Line (NORS): 1-888-688-6677

Please remove by February 9, 2024