

Overdose Alert.

February 7, 2024



Grey Bruce Public Health is issuing an alert after receiving reports of 6 suspected opioid-related overdoses, including two suspected fatalities over a recent 6-day period.

Follow these harm reduction practices:

- Not using alone. When using with someone else, don't use at the same time. Call or text NORS 1-888-688-6677 if using alone.
- Get overdose prevention training & carry a Naloxone kit.
- Take extra caution if mixing substances. Mixing substances can increase the risk of harm and drug poisonings.
- Go Slow. Always start with a low dose and increase slowly, especially if trying something new or restarting use.
- Use only new supplies and avoid sharing supplies. This reduces the risk of getting or passing on an infectious disease. Supplies are available at GBPH and community partners.

Mental Health Crisis Line Grey Bruce: 1-877-470-5200
Connex Ontario: 1-866-531-2600
Supportive Outreach Services (SOS): 519-379-8743
Rapid Access Addiction Medicine (RAAM) Clinic: 519-376-3999
Overdose Prevention Line (NORS): 1-888-688-6677

Please remove by February 14, 2024

