

Overdose Alert.

June 11, 2024



GBPH has been notified of a concerning trend of meth that appears to be contaminated with opioids, causing poisonings. Additionally, pink/blue fentanyl has also been linked with several overdoses. There have been 15 reported overdoses from June 1-10th, including 1 fatality.

Follow these harm reduction practices:

- **Don't use alone. Have a trusted, sober friend present. Call or text NORS 1-888-688-6677 if using alone.**
- **Get overdose prevention training & carry a naloxone kit.**
- **Take extra caution if mixing substances. Mixing substances can increase the risk of harm and drug poisonings.**
- **Go slow. Always start with a low dose and increase slowly, especially if trying something new or restarting use.**
- **Use only new supplies and avoid sharing supplies. This reduces the risk of getting or passing on an infectious disease. Supplies are available at GBPH and community partners.**

Suicide Crisis Hotline: 9-8-8

Connex Ontario: 1-866-531-2600

Supportive Outreach Services (SOS): 519-379-8743

Rapid Access Addiction Medicine (RAAM) Clinic: 519-376-3999

National Overdose Response Service (NORS): 1-888-688-6677

Please remove by June 18, 2024

