

# Overdose Alert.

June 3, 2024



Grey Bruce Public Health has been notified of 4 non-fatal overdoses in the past 48 hours. 3 occurred in Owen Sound, and 1 in Saugeen Shores. Fentanyl is the suspected substance in 2. White/pink fentanyl has been linked to 1 of the overdoses.

Follow these harm reduction practices:

- **Don't use alone. Have a trusted, sober friend present. Call or text NORS 1-888-688-6677 if using alone.**
- **Get overdose prevention training & carry a naloxone kit.**
- **Take extra caution if mixing substances. Mixing substances can increase the risk of harm and drug poisonings.**
- **Go slow. Always start with a low dose and increase slowly, especially if trying something new or restarting use.**
- **Use only new supplies and avoid sharing supplies. This reduces the risk of getting or passing on an infectious disease. Supplies are available at GBPH and community partners.**

Suicide Crisis Hotline: 9-8-8

Connex Ontario: 1-866-531-2600

Supportive Outreach Services (SOS): 519-379-8743

Rapid Access Addiction Medicine (RAAM) Clinic: 519-376-3999

National Overdose Response Service (NORS): 1-888-688-6677

Please remove by June 10, 2024

