

GREY BRUCE BREASTFEEDING COALITION

To promote, educate, advocate, support, & normalize breastfeeding for all families

Fall Newsletter 2016

**Save the date for the
Fall Breastfeeding
Coalition meeting!**

Tuesday,

October 11, 2016

9:00 – 12:00

**Hanover and District
Hospital Boardroom
90 7th Ave**

**If you plan to attend, email
Kelsey and Amy at
k.mighton@publichealthgrey
bruce.on.ca and
amy@hanoverfht.ca by
September 11, 2016.**



✿ The purpose of this Fall update is to share agenda items for the October meeting, notices of upcoming workshops or events related to breastfeeding, and topics of interest that might influence the context of breastfeeding.

✿ October 1-7th marks **CANADA's celebration of World Breastfeeding Week**. What do you plan to do to promote WBW? Please share with the group!

✿ **Agenda items for the October meeting:**

- ✿ Welcome/introductions/updates/resources
- ✿ Cradlelink versus Healthy Babies Healthy Children
- ✿ Implementing the Baby Friendly Initiative (BFI) at GBHS
Owen Sound: Presentation by Deanna Hamill, RN IBCLC
- ✿ Grey Bruce Health Unit's Fall Breastfeeding Campaign and Update on BFI Activities
- ✿ HDH and Hanover FHT Update on BFI Activities
- ✿ Breastfeeding Peer Support Project: Planning
- ✿ Business Arising: Future Meeting Dates and Planning

✿ **Upcoming workshops and events:**

✿ **FALL BREASTFEEDING CAMPAIGN:** GBHU will be asking people to share their stories about how they support or have supported a breastfeeding woman in their lives. Stories will be highlighted on the health unit's Facebook (Grey Bruce Health Unit) and Twitter (@GBPublicHealth) during October – November.

✿ **Annual Breastfeeding Open House:** October 6, 2016 from 10:30 am to 1 pm at M'Wikedong Native Cultural Resource Centre in Owen Sound.

✿ **Breastfeeding Current Research and Updates with Kathy Venter:** October 18, 2016 from 8:30 am to 4:00 pm in Stratford. To register contact Tina Feltz at 519-271-7600 ext. 288 or email tfeltz@pdhu.on.ca.

✿ Levels 1 and 2 Breastfeeding Courses offered from September to November. Click below for details.



Breastfeeding Level 1 brochure 2016 Ap2



Breastfeeding Level 2 brochure 2016 Ap



WHO 1 2016 Sept 2016.pdf



WHO 2 Oct-Oct 2016.pdf

✿ **Environmental scan and ideas:**

- ✿ Video from Trillium Health Partners on [Breastfeeding your Baby after a Caesarean Birth](#).
- ✿ [International Code of Marketing of Breastmilk Substitutes Summary](#)