

# GREY BRUCE BREASTFEEDING COALITION

*To promote, educate, advocate, support, & normalize breastfeeding for all families*

## Summer Newsletter 2016

*Save the date for the  
Fall Breastfeeding  
Coalition meeting!*

**Tuesday,**

**October 11, 2016**

**9:00 – 12:00**

**Hanover and District  
Hospital Boardroom  
90 7<sup>th</sup> Ave**

**If you plan to attend, email  
Kelsey and Amy at  
k.mighton@publichealthgrey  
bruce.on.ca and  
amy@hanoverfht.ca by  
September 11, 2016.**



❁ The purpose of this Summer update is to share agenda items for the October meeting, notices of upcoming workshops or events related to breastfeeding, and topics of interest that might influence the context of breastfeeding.

### ❁ **Agenda items for the October meeting:**

- ❁ Welcome/introductions/updates/resources
- ❁ Implementing the Baby Friendly Initiative (BFI) at GBHS Owen Sound: Presentation by Deanna Hamill, RN IBCLC
- ❁ Grey Bruce Health Unit's Fall Breastfeeding Campaign and update on BFI activities
- ❁ October Breastfeeding Challenge Debrief and Update on Breastfeeding Peer Support Project
- ❁ HDH and Hanover FHT Update on BFI Activities
- ❁ Cradlelink versus Healthy Babies Healthy Children
- ❁ Business Arising: Future meeting dates and planning
  - Coalition Breastfeeding Education Session

### ❁ **Upcoming workshops and events:**

- ❁ **FALL BREASTFEEDING CAMPAIGN:** The Health Unit will be asking the public to share their stories about how they support or have supported a breastfeeding woman in their lives. One story per week will be highlighted on the health unit's social media sites during October in honor of Canada's celebration of World Breastfeeding Week.
- ❁ **BREASTFEEDING CHALLENGE:** Saturday, October 1, 2016 at the Food Doc Café in Hanover at 11 am. Click [here](#) to learn more.
- ❁ Level 1 Breastfeeding Course offered in Oakville in July and October. Click below for details.



Breastfeeding Level  
1 brochure 2016 Ap

### ❁ **Environmental scan and ideas:**

- ❁ [World Breastfeeding Week: August 1-7. Theme: Breastfeeding: A Key to Sustainable Development.](#)
- ❁ [Breastfeeding Resources Ontario:](#) A website with evidence informed breastfeeding information.
- ❁ **Journal article:** Influence of grandmothers on breastfeeding. Click below.



Influence of  
grandmothers on br