GREY BRUCE BREASTFEEDING COALITION

To promote, educate, advocate, support & normalize breastfeeding for all families

Summer Newsletter 2015

Save the date for the Fall Breastfeeding Coalition meeting!

Tuesday,

October 20, 2015

9:00 - 12:00

Hanover Hospital Boardroom

If you plan to attend, email Kelsey Mighton at k.mighton@publichealthgrey bruce.on.ca by September 20, 2015.



* The purpose of this Summer update is to share agenda items for the Fall meeting, notices of upcoming workshops or events related to breastfeeding and topics of interest that might influence the context of breastfeeding.

* Agenda items for the Fall meeting:

- Introductions
- o Review and approve Coalition Terms of Reference
- Results of Grey Bruce Health Unit's BFI Assessment and plans moving forward
- o Grey Bruce Breastfeeding Service Map
- Presentation by Mary Lynn Houston-Leask from M'Wikwedong Native Cultural Resource Centre
- o Future meeting dates

Upcoming workshops and events:

- A Day with Dr. Cindy-Lee Dennis. Tuesday, June
 9, 2015 at the Grey Bruce Health Unit. Dr. Dennis will present on the topics of Postpartum Mood Disorders and Breastfeeding. Registration form attached in email.
- o iLactation online conferences for Summer/Fall: www.ilactation.com
- o BFI Implementation Workshop on June 4th at the Health Unit is cancelled. Workshop to be rescheduled for late Fall.

Environmental scan and ideas:

- WABA World Breastfeeding Week 2015
- o TO Public Health Breastfeeding E-Learning Modules for Health Care Professionals
- Best Start resource for Aboriginal families and communities: <u>Breastfeeding for the Health and</u> <u>Future of Our Nation</u>
- WYNI app Breastfeeding Information When You Need It