

Let's **Grow**

ISSUE 4



7-9 MONTHS

GROWTH & DEVELOPMENT

Wondering what to expect? Remember, all children are different and develop skills at different times.

[Click here for a general guide for development from birth to age 4.](#)

SAFETY

Keep your home a safe space, use the

[Basic Home Safety Checklist](#)

Learn more about [child safety.](#)





MENTAL & SOCIAL WELLBEING

There are a number of *different options for childcare*, register early to secure a space. Use the “one list” child care application system:

- [*Grey County*](#)
- [*Bruce County*](#)

PLAY

Play with your baby every day, using all 5 senses.



WE WANT YOUR FEEDBACK

Please give us your feedback in this very brief survey: <https://www.research.net/r/letsgrownewsletter>

To contact us or unsubscribe, please email: publichealth@publichealthgreybruce.on.ca

