

Our school is seeing an increase in respiratory illness (such as cough, cold, sore throat) and/or gastrointestinal illness (such as nausea, vomiting, diarrhea).

To help slow the spread of illness, please follow public health measures to keep our school healthy and safe:

- **Screening:** If you are experiencing illness, please complete the [Ontario Self-Assessment Screener](#) before deciding to take the bus or go to school. Please keep illness to yourself and stay home based on guidance from the Screener; report your absence and illness to the school.
- **Return to School and Other Activities:** The Ontario Self-Assessment Screener will provide specific guidance on when to return to school and activities outside of the school day based on your symptoms and health history. This is, generally when:
 - your symptoms have been improving for at least 24 hours (or 48 hours if you had nausea, vomiting and/or diarrhea) **and**
 - you do not have a fever **and**
 - you do not develop any additional symptoms.
- **Masking:** Masks are welcome in school and on buses. Masks may provide an added layer of protection against preventing the spread of viruses. Upon return to school, consider wearing a well-fitted mask for 10 days after your symptoms started.
- **Vaccinate:** Protect yourself and those around you from vaccine preventable diseases - [get vaccinated](#).
- **Wash your Hands:** Wash your hands often with soap and water or alcohol-based hand sanitizer to protect yourself from viruses and bacteria getting into your body.