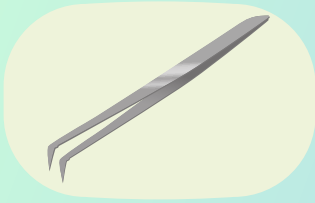


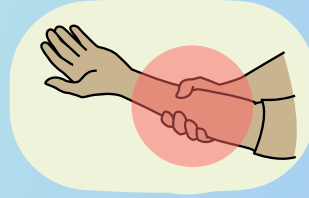
How to remove a tick



Remove tick **immediately** with clean fine-point tweezers.



Grasp the tick's head as close to the skin as possible. Pull upwards with slow, steady motion.



If parts of the tick remain in the skin, remove with tweezers. If this isn't possible, leave them alone and let the skin heal.



Wash the bite area with soap and water or alcohol-based sanitizer.



Ticks must be attached for more than 24 hours to transfer the bacteria that causes Lyme disease.